

Interpersonal Relationships

Rationale Statement:

Successful relationships are a crucial part of satisfaction in all areas of life. The quality of those relationships has an impact on overall contentment and happiness. Relationships in the workplace such as employee-employer, employee-employee, and employee-customer, relationships among family members and between friends, and even casual relationships with acquaintances all combine to determine how highly we rate our overall satisfaction with life. Our society as a whole is also impacted by the individual relationships of the people within its borders.

Suggested Grade Level: 9-12

Topics Covered:

- Types of relationships
- Personal needs and characteristics
- Communication skills
- Conflict prevention and management techniques
- Teamwork and leadership skills

Core Technical Standards & Examples:

Indicator #1: Demonstrate respectful and caring relationships in the family, workplace and community.	
Bloom's Taxonomy Level	Standards and Examples
Analysis	<p>IR1.1 Analyze functions and expectations of various types of relationships. <i>For example:</i></p> <ul style="list-style-type: none"> • Analyze processes for building and maintaining interpersonal relationships • Predict the effects of various stages of the family life cycle on interpersonal relationships. • Compare physical, emotional, spiritual and intellectual functioning in stable and unstable relationships. • Analyze factors that contribute to healthy and unhealthy relationships. • Analyze processes for handling unhealthy relationships. • Demonstrate stress management strategies for family, work, and community settings.
Analysis	<p>IR 1.2 Analyze personal needs and characteristics and their effects on interpersonal relationships. <i>For example:</i></p> <ul style="list-style-type: none"> • Analyze the effects of personal characteristics on relationships. • Analyze the effect of personal need on relationships.

	<ul style="list-style-type: none"> • Analyze the effects of self-esteem and self-image on relationships. • Analyze the effects of life span events and conditions on relationships. • Explain the effects of personal standards and behaviors on interpersonal relationships.
Demonstration	<p>IR 1.3 Demonstrate communication skills that contribute to positive relationships. For example:</p> <ul style="list-style-type: none"> • Analyze communication styles and their effects on relationships. • Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication. • Demonstrate effective listening and feedback techniques • Analyze strategies to overcome communication barriers in family, community and work settings. • Apply ethical principles of communication in family, community and work settings. • Analyze the effects of communication technology in family, work, and community settings. • Analyze the roles and functions of communication in family, work, and community settings.
Evaluation	<p>IR 1.4 Evaluate effective conflict prevention and management techniques. For example:</p> <ul style="list-style-type: none"> • Analyze the origin and development of attitudes and behaviors regarding conflict. • Explain how similarities and differences among people affect conflict prevention and management. • Apply the roles of decision making and problem solving in reducing and managing conflict. • Demonstrate nonviolent strategies that address conflict. • Demonstrate effective responses to harassment. • Assess community resources that support conflict prevention and management
Demonstration	<p>IR1.5 Demonstrate teamwork and leadership skills in the family, workplace, and community. For example:</p> <ul style="list-style-type: none"> • Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members. • Demonstrate strategies to motivate, encourage, and build trust in group members. • Demonstrate strategies that utilize the strengths and minimize the limitations of team members. • Demonstrate techniques that develop team and community spirit. • Demonstrate ways to organize and delegate responsibilities. • Create strategies to integrate new members into the team. • Demonstrate processes for cooperating, compromising, and collaborating.
Demonstration	<p>IR 1.6 Demonstrate standards that guide behavior in interpersonal relationships. For example:</p> <ul style="list-style-type: none"> • Apply critical thinking and ethical criteria to evaluate interpersonal relationships.

	<ul style="list-style-type: none">● Apply guidelines for assessing the nature of issues and situations.● Apply critical thinking and ethical standards when making judgments and taking action.● Demonstrate ethical behavior in family, workplace, and community settings.● Compare the relative merits of opposing points of view regarding current ethical issues
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